

Play Palz – 101- Weekly Menu

Aug 4-8, 2014



	BREAKFAST	Snack	Lunch	SNACK
MONDAY	Honey Buns 100% Juice Milk	Graham Crackers Milk	Ground Beef & Cheese/Nachos Lettuce Pears/Milk	Snack Crackers Fresh Fruit
TUESDAY	Cold Cereal Orange Slices Milk	Saltines Fresh Fruit	Baked Chicken Corn/Bread & Butter Mixed Fruit/Milk	Pretzel Sticks 100% Juice
WEDNESDAY	Donuts Bananas Milk	Cheese Crackers Fresh Fruit	Sliced Ham/Rolls Green Beans Applesauce/Milk	Nacho Chips 100 % Juice
THURSDAY	Cinnamon Bagels Melon Slices Milk	GoldFish 100 % Juice	Hot Dog on a bun Peaches/Tator Tots Milk	Chex Mix Fresh Fruit
FRIDAY	Cheese Danish 100% Juice Milk	Corn Chips 100% Juice	Chicken Quesadillas Carrots Fresh Fruit/Milk	Vanilla Wafers Milk